

**आयुर्वेदिक तथा यूनानी तिब्बी चिकित्सा पद्धति बोर्ड उ०प्र०**

कार्यालय:- धन्वन्तरि भवन, 7 लालबाग लखनऊ 226001

**Board of Ayurvedic and Unani Tibbi systems of Medicine**  
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पत्रांक 1946/बोर्ड- रजि० /22

दिनांक 27-9-2022

**निर्देश**

भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग, नई दिल्ली के संदर्भ संख्या 20-28/2022-रजि०( ए वाई मिनिस्ट्री) दिनांक 19-09-2022 के अनुपालन में आयुर्वेदिक तथा यूनानी तिब्बी चिकित्सा पद्धति बोर्ड उ०प्र० से पंजीकृत आयुर्वेदिक एवं यूनानी चिकित्सकों को निर्देशित किया जाता है कि ड्रग एवं कास्मेटिक्स रूल्स, 1945 के नियम 161 (2) के अधीन सेड्यूल ई (1) में उल्लिखित दवाओं के निर्माण के समय एनेक्सर-1 में उल्लिखित गाइड लाइन्स एवं सेण्ट्रल कन्जूमर प्रोटेक्शन अथॉरिटी द्वारा निर्गत एडवाइजरी दिनांक 14-07-2022 एनेक्सर-2 का अनुपालन सुनिश्चित करें ।

  
(डा० अखिलेश कुमार वर्मा )  
रजिस्ट्रार

पत्रांक /बोर्ड- रजि० /22

दिनांक

प्रतिलिपि-निम्नलिखित को सूचनार्थ एवं आवश्यक कार्यवाही हेतु प्रेषित -

01- प्रो०( वैद्य) राकेश शर्मा, अध्यक्ष बोर्ड आफ एथिक्स एण्ड रजिस्ट्रेशन, भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग, 61-65 इन्स्टीट्यूशनल एरिया, जनकपुरी ,डी०ब्लाक , नई दिल्ली ।

02- अपर मुख्य सचिव, आयुष विभाग उ०प्र० शासन लखनऊ ।

03- पंजीयन अनुभाग आयुर्वेदिक तथा यूनानी तिब्बी चिकित्सा पद्धति बोर्ड उ०प्र० को इस आदेश के साथ प्रेषित कि उक्त निर्देश एवं सभी संलग्नक बोर्ड की वेबसाइट पर अपलोड कराये एवं पंजीकृत चिकित्सकों को उनके ई मेल पर प्रेषित करना सुनिश्चित करें ।

(डा० अखिलेश कुमार वर्मा )  
रजिस्ट्रार

# भारतीय चिकित्सा पद्धति राष्ट्रीय आयोग

आयुष मंत्रालय, भारत सरकार

नियोजन 61-65, संस्थानिक अर्ला, जानकपुरी, डी ब्लॉक न्यू दिल्ली-110058

**National Commission for Indian System of Medicine**

Ministry of AYUSH, Govt. of India

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SECRETARY-01

20-28/2022-Regn (AY, Ministry)

Dated 19/09/2022

To,  
Principal Secretary,  
All States / UT

Sub Issuing directions to all registered Ayush practitioners to clearly mention duration of intake of formulations containing schedule E (1) drugs under rule 161 (2) of Drugs and Cosmetics Rules 1945- reg

Ref Ministry of Ayush letter no T-11011/8/2021-DC(C)- Part (2) dated 17.08.2022

Sir,

With reference to the subject cited above, it is to inform you that Ministry of Ayush has forwarded above mentioned letter to issue directions to all registered Ayurveda/ Siddha/ Unani (ASU) practitioners to clearly mention duration of intake of formulations containing Schedule E (1) drugs under rule 161 (2) of the Drugs and Cosmetics Rules, 1945 and other directions specified regarding Schedule E (1) drugs

Therefore, guidelines for registered Ayurveda/ Siddha/ Unani (ASU) practitioners are being forwarded to you as Annexure-I and Central Consumer Protection Authority's advisory dated 14.07.2022 along with list of schedule E (1) drugs are enclosed as Annexure-II. You are requested to circulate these guidelines to all registered ASU practitioners of your State/ UT.

Prof. (Vaidya) Rakesh Sharma  
President, Board of Ethics and Registration

Copy to

- 1 Secretary, Ministry of Ayush, Govt of India, Ayush Bhawan, B- Block, GPO Complex, INA, New Delhi-110023
- 2 Chairperson, National Commission for Indian System of Medicine, New Delhi-110058
- 3 MD NHM/Director ISM, All State/UT [For information and necessary action]
- 4 Secretary, National Commission for Indian System of Medicine, New Delhi-110058
- 5 Registrar, All State / UT [To circulate these guidelines to all registered ASU practitioners of your State/ UT by publishing guidelines on your official website/ sending guidelines through email/ or other]
- 6 Guard File.

Prof. (Vaidya) Rakesh Sharma  
President, Board of Ethics and Registration



## Annexure-I

### Points of consideration regarding advisory received on Consumer Protection Act. 2019 concerning sale of Ayurvedic, Siddha & Unani drugs containing ingredients listed in schedule E (1) of the Drug & Cosmetics Rules, 1945 on e-commerce platforms.

1. It should be mandatory that the prescription form a registered medical practitioners should be uploaded before placing order on medical order on online e-commerce site containing valid registration number of medical practitioner and validity date of registration on prescription.
2. E-Commerce website should add a clause to upload the list of products containing schedule E (1) drugs manufactured by registering Ayurvedic, Siddha & Unani company to get registered with site.
3. To control this kind of sales online there should be whole sale license for wholesaler/ distributor and retail sale license for retailer be implemented and e-commerce websites should ask to upload valid licenses from supplier before getting registered on site. If a wholesaler / retailer who is not manufacturer of that product should have valid license of wholesale & retail to become seller of medicine on site.
4. Also for offline mode of selling any kind of Ayurvedic, Siddha & Unani Medicine the departments in states should issue licenses for wholesale & retail to control the unauthorized sale of A,S&U medicines all over India. Because it has been seen many times that A,S&U medicines are being sold by Pansaris, by so called Babas on road side tents or by any kind of shop keeps who is selling clothes or confectioneries which needs to be controlled.
5. All registered Ayush Practitioners must mention duration of intake of formulations containing schedule E (1) drugs under rule 161 (2) of the Drugs and Cosmetics Rules, 1945, in their medical prescription.
6. If medicines are made up of a substance specified in Schedule E (1), should be labelled conspicuously with the words, "Caution", "To be taken under medical supervision" both in English and Hindi languages.

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F. No. J-25/64/2022-CCPA  
Central Consumer Protection Authority

Krishi Bhawan, New Delhi  
Dated: 14th July, 2022

**Subject: Advisory in terms of Consumer Protection Act, 2019 concerning sale of Ayurvedic, Siddha and Unani drugs containing ingredients listed in Schedule E (1) of the Drugs and Cosmetics Rules, 1945 on e-commerce platforms.**

This invites reference to public notice dated 01.02.2016 issued by the Ministry of AYUSH informing stakeholders that purchase of Ayurvedic, Siddha and Unani drugs containing any of the ingredients of plant, animal or mineral origin as listed in Schedule E(1) of the Drugs and Cosmetics Rules, 1945 are required to be taken under medical supervision and purchasing the same online should be avoided without medical consultation.

2. Now, it has come to the notice of the Central Consumer Protection Authority (CCPA) that the aforementioned category of drugs are being offered for sale on e-commerce platforms without any mechanism to verify if such drugs are being purchased by a user under medical supervision or not. As a result, the drugs consumed without medical supervision may lead to severe health complications.

3. It may be mentioned that as per Rule 161(2) of the Drugs and Cosmetics Rules, 1945, the container of a medicine for internal use for the treatment of human ailments shall, if it is made up from a substance specified in Schedule E(1), be labelled conspicuously with the words "Caution: To be taken under medical supervision" both in English and Hindi language. The list of poisonous substances under the Ayurvedic (including Siddha) and Unani Systems of Medicine as mentioned in Schedule E(1) is annexed herewith.

4. In view of the above, all e-commerce platforms are hereby advised that selling or facilitating the sale of Ayurvedic, Siddha and Unani drugs containing ingredients as listed in Schedule E (1) of the Drugs and Cosmetics Rules, 1945 shall be done only after a valid prescription of registered medical practitioner is uploaded by the user or patient on the platform.



5. The Central Authority may initiate necessary action under the provisions of the Consumer Protection Act, 2019 if, after investigation, it is found that the said drugs are offered for sale by any e-commerce platform in violation to the legal framework governing sale of such drugs to consumers.

  
14.7.2022  
Nidhi Khare  
Chief Commissioner

Copy to:

1. Secretary, Ministry of AYUSH
2. Chief Secretaries of all States/U.Ts
3. All District Collectors
4. Major e-commerce entities
5. Industry Associations
6. Consumer Organizations
7. Law Chairs
8. E-Pharmacy platforms

### SCHEDULE E(1)

#### List of poisonous substances under the Ayurvedic (Including Siddha) and Unani Systems of Medicine

##### A. AYURVEDIC SYSTEM

###### *I Drugs of vegetable origin*

1. Ahipena (Except seeds)	Papaver somniferum Linn.
2. Arka	Calotropis procera (Ait.) R.Br. ex.
3. Bhallataka	Semecarpus anacardium Linn. F.
4. Bhanga (Except seeds)	Cannabis sativa Linn. (Except seeds)
5. Danti	Baliospermum montanum Mull. Arg.
6. Dhatura	Datura metel Linn.
7. Gunja (seed)	Abrus precatorium Linn. (seed)
8. Jaipala (seed)	Croton tiglium Linn.
9. Karaveera	Rerium indicum Mill.
10. Langali	Gloriosa superba Linn.
11. Parasika Yavani	Hyoscyamus niger Linn.
12. Vatsanabha	Acontium chasmanthum Stapf ex Holm
Vishamushti	Strychnox nuxvomica Linn.
13. Shringivisha	Acontium chasmanthum Stapf ex Holm.

###### *II Drugs of Animal Origin.*

14. Sarpa Visha	Snake poison.
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###### *III Drugs of Mineral Origin*

15. Gauripashana	Arsenic.
16. Hartala	Arseno sulphide.
17. Manahashila	Arseno sulphide.

18. Parada
19. Rasa Karpura
20. Tuttha
21. Hingula

Mercury.  
Hydrargyri subchloridum.  
Copper sulphate.  
Cinnabar.

#### B. SIDDHA SYSTEM

1. Abini
2. Alari
3. Attru thummatti
4. Umathaï
5. Etti
6. Ganja (except seed)
7. Kalappaki Kizahangu
8. Kodikkalli (exempted for external use)
9. Kattu Thumatti
10. Kunri (except root)
11. Cheramkottai
12. Thillai
13. Nabi
14. Nervalam
15. Pugaielai
16. Mancevikkalli

*Papaver somniferum* Linn.  
*Nerium indicum* Mill.  
*Citrullus colocynthis* (L.) Schrad  
*Datura stramonium* Linn.  
*Stychnos nux vomica* Linn.  
*Cannabis sativa* Linn.  
*Gloria superba* Linn.  
*Euphorbia tirucalli* Linn.  
*Cucumis trigonus* Roxb.  
*Arbus precatorius* Linn.  
*Semecarpus anacardium* Linn f.  
*Exoecoria agallocha* Linn.  
*Aconitum ferox* Wall.  
*Croton tiglium* Linn.  
*Nicotiana tabacum* Linn.  
*Euphorbia species*

#### C. UNANI SYSTEM

*Drugs of vegetable origin*

1. Afiyun (except seed)
2. Bazrul-hanj
3. Bish
4. Bhang

*Papaver somniferum* Linn.  
*Hyoscyamus niger* Linn.  
*Aconitum chasmanthum* Strapfex Holmes.  
*Cannabis sativa* Linn.



5. Charas

6. Dhatura seeds

7. Kuchla

8. Shokran

*Canabis sativa* Linn.

*Datura metel* Linn (seeds).

*Strychnos huxvomica* Linn.

*Conium maculatum* Linn.

### II Drugs of Animal origin

9. Sanp (head)

10. Telni makkhi

Snake (head).

*Mylabris cichori* Linn.

*Mylabris pustulata* Thund.

*Mylabris macilenta* .

### III Drugs of Mineral origin

1. Darchikna

2. Hira

3. Ras Kapoor

4. Shingruf

5. Zangar

6. Sammul-Far

7. Tootiya

8. Para

9. Hartal

Hydrargryi perchloridum.

Diamond.

Hydrargryi Subchloridum (calomel).

Hydrargryi bisulphuratum.

Cupri subacetat.

(Abyaz, Asfar, Aswad and Ahmar)

(white, yellow, black and red, Arsenic).

Copper Sulphate

Hydrargyrum.

Arsenic trisulphide (yellow).]